

# WEEK #3

## **REVIEWING THE FIRST TWO STEPS, STEPS ONE & TWO:**

HAVE EVERYONE TURN TO THE 12 STEPS ON **PAGE 397** in “HOW AL-ANON WORKS.”

## **HAVE A NEWCOMER READ STEP ONE: REVIEW STEP ONE ON PAGE 397**

THEN HAVE NEWCOMERS SHARE ON STEP ONE AS TO HOW THEY FEEL STEP ONE CAN HELP THEM (YOU AND ATTENDING MEMBERS MAY BRIEFLY SHARE AND REVIEW THE 3 C's, DIDN'T CAUSE IT, CAN'T CONTROL IT AND CAN'T CURE IT.)

## **HAVE A NEWCOMER READ STEP TWO: REVIEW STEP TWO ON PAGE 397**

HAVE NEWCOMERS SHARE ON STEP TWO AS TO HOW THEY FEEL STEP TWO CAN HELP THEM. (YOU AND ATTENDING MEMBERS CAN ALSO BRIEFLY SHARE AND REVIEW THE AL-ANON DEFINITION OF INSANITY, DOING THE SAME THING OVER AND OVER EXPECTING DIFFERENT RESULTS – ALSO, GOING TO THE HARDWARE STORE TO GET A LOAF OF BREAD.)

## **INTRODUCING THE SLOGANS:**

HAVE EVERYONE TURN TO **P. 65** - HAVE NEWCOMERS TAKE TURNS READING THE FIRST THREE PARAGRAPHS.

## **REVIEW THE LIST OF SLOGANS IN THE BLUE BOOK:**

“Keep It Simple”, “But For The Grace of God”, “Easy Does It”, “First Things First”, “Just For Today”, “Let It Begin With Me”, “How Important Is It?”, “Think”, “One Day At a Time”, “Keep an Open Mind”, “Live and Let Live” and “Let Go and Let God”.

## **ALL TURN TO P. 67 – HAVE NEWCOMERS READ ‘EASY DOES IT’:**

HAVE NEWCOMERS SHARE THEIR FEELINGS HOW THIS SLOGAN MIGHT HELP THEM. **NOTE: IF TIME**, YOU CAN ALSO DO THE FOLLOWING SLOGAN, “LET GO AND LET GO” ON PAGE 74, OR ANY OTHER SLOGAN YOU LIKE FROM THE ABOVE LIST.

**SHARE BRIEFLY ABOUT THE IMPORTANCE OF FINDING A SPONSOR** – REFER TO THE SPONSORSHIP BOOK MARK (M78) THAT WAS IN THEIR NEWCOMERS PACKET. You have extras if they do not have one. Briefly review the bookmark.

**CLOSE THE MEETING AT 9:55 BY READING THE “SUGGESTED CLOSING’ ON P. 396 IN BLUE BOOK. ALL JOIN IN PRAYER OF YOUR CHOICE**, Al-Anon Declaration, Serenity Prayer or Our Father. Invite Newcomers to the 10:00 AM meeting.

