

WEEK # 6

EXPLAIN: EACH PERSON REGARDLESS OF PROGRAM TIME, IS A VITAL PART OF AN AL-ANON GROUP.

READ SECTION ON "SHARING" on P.36 in "How Al-Anon Works".

ROTATE READING: CHAIR, NEWCOMERS & ATTENDING MEMBERS - MENTION ANONYMITY IS AN IMPORTANT PRINCIPLE

READ SECTION ON "SPONSORSHIP" on P. 36 AND TOP OF 37.

ROTATE READING: CHAIR, NEWCOMERS & ATTENDING MEMBERS
(These are the first 3 paragraphs under 'SPONSORSHIP')

HAND OUT AND REVIEW PAMPHLET: "SPONSORSHIP, What's It's All About"

SPEAK TO AND SHARE ON SOME OF THE HIGHLIGHTED DETAILS ON SAMPLE SPONSORSHIP PAMPHLET **ASK NEWCOMERS IF THERE ARE ANY QUESTIONS THEY HAVE ON SPONSORSHIP.**

HANDOUT INSTRUCTION SHEET NAVIGATING THE AL-ANON MEMBERS' WEBSITE FOR MORE INFORMATION AND TO HEAR PODCASTS ON SPONSORSHIP. SHARE ABOUT TWEETS AND HASH TAG.

BRIEFLY DISCUSS CHOOSING A HOME GROUP AND SPONSOR:

BY ATTENDING MANY MEETINGS TO FIND A HOME GROUP AND A SPONSOR.

INTRODUCE THE TWELVE TRADITIONS: READ: "The Traditions are a set of guidelines that hold our program together. They advise us about how to avoid involving ourselves in anything that might interfere with our common interests, and they help us to remain focused on our purpose. They suggest ways to make group decisions that are in the interest of all concerned and provide a structure that is based on spiritual principles.We observe the Traditions because they work. We refer to this as "obedience to the unenforceable,"and our survival as an organization depends on it. Therefore, our individual recovery is as intimately bound to the guidance of the Twelve Traditions as it is to the Twelve Steps, and it is in our best interest to make them an important part of our lives." (from "How Al-Anon Works)

HAVE THE TRADITIONS READ OUT LOUD ON P. 398 in "How Al-Anon Works":

HAVE NEWCOMERS ROTATE TURNS READING.

HAND OUT PAMPHLET: "A GUIDE FOR THE FAMILY OF THE ALCOHOLIC":

BRIEFLY REVIEW "BEGIN WITH SELF" ON PAGE 9 & 10. HAVE NEWCOMERS SHARE THEIR FEELINGS ON WHAT WAS READ.

SUGGEST THEY READ THE HISTORY OF AL-ANON IN 'HOW AL-ANON WORKS':

SHOW AVAILABLE PAMPHLETS OF FOUNDERS, LOIS W. AND ANNE B. AND THE FORUM.

CLOSE AT 9:55 WITH "SUGGESTED CLOSING": ON P. 396 IN THE BLUE BOOK - NEWCOMERS FOLLOW ALONG. CLOSING PRAYER: DECLARATION, (COPY ON TABLE), THE SERENITY PRAYER OR THE OUR FATHER. INVITE NEWCOMERS TO ATTEND THE 10:00 am MEETING!

