

**CAL LITERATURE SELECTED FROM THE AL-ANON GUIDELINES FOR BEGINNERS' MEETINGS:**

Beginners' meetings vary in size from a few Newcomers to large groups. Some Newcomer's are able to read and share while others are more comfortable just listening. Opportunities are provided in the Guidelines for Newcomers to read and share feelings. The Leader's 6 weeks of Guidelines with CAL materials are selected to allow the Leader to provide information on the Al-Anon program and the disease of Alcoholism as well as share their experience, strength and hope on how Al-Anon works for their recovery. Guidelines for the Leader are provided to fill meeting time or may be adjusted by Leader for timeliness depending on flow and sharing during meeting. Helpful having one or two regular members attend and briefly share as timely. Meetings begin promptly at 9:30 am & close at 9:55.

**BOOK, PAMPHLETS, BOOK MARKS AND MATERIALS OF CAL LITERATURE ARE:**

**BOOK: HOW AL-ANON WORKS FOR FAMILIES & FRIENDS OF ALCOHOLICS (B-32)**

Recommendation: 12 BOOKS SHOULD BE KEPT IN RESERVE STOCK.

**NEWCOMER PACKETS – SELECTED FOR NEWCOMERS: (located: IN RED BAG FOR RESERVE STOCK)**

1. **AL-ANON NEWCOMER PACKET (K-10)**
2. **ADULT CHILDREN OF ALCOHOLICS NEWCOMER PACKET (K-21)**
3. **MEN'S NEWCOMER PACKET (K-23)**
4. **PARENT'S NEWCOMER PACKET (K-24)**
5. **ALATEEN NEWCOMER PACKET (K-18) (Ask if teens in family and give to parents to encourage attendance at Alateen meetings)**

***PURPOSE AND SUGGESTIONS (P-13) – WEEK 1***

***DETACHMENT (S-19) & JUST FOR TODAY (BOOK MARK) (M-12) – WEEK 2***

***SPONSORSHIP-WORKING TOGETHER TO RECOVER (BOOKMARK) (M-78) –WEEK 3***

***THREE VIEWS OF AL-ANON (P-15), SERENITY PRAYER (BOOK MARK) (M-26) & RUBBER BANDS AND GOD BOX – WEEK 4***

***UNDERSTANDING OURSELVES AND ALCOHOLISM (P-48) – WEEK 5***

***SPONSORSHIP, WHAT IT'S ALL ABOUT (P-31) & A GUIDE FOR THE FAMILY OF THE ALCOHOLIC (P-7) & PRINTED INSTRUCTION SHEET TO ACCESS SPONSORSHIP & TWITTER INFORMATION ON THE AL-ANON.ORG WEBSITE FOR WEEK 6.***

**NOTE: WHEN SUPPLIES ARE LOW AND NEEDED FOR PAMPHLETS, GROUP PHONE LISTS, MEETING DIRECTORIES & CURRENT COPY OF THE FORUM, PLEASE NOTIFY LITERATURE CHAIR. (CURRENTLY RUTH ANN) ALLOW 2 WEEKS FOR REORDERS. (SEE BARBARA FOR ALL OTHERS OR ANY QUESTIONS). Thank you for your service!**

